



Helen Elizabeth Cashin

May 6, 1924 - September 15, 2021

Helen Elizabeth Cashin, 97, of Tallahassee, passed away peacefully on September 15, 2021, with her loving family by her side.

Helen was born May 6, 1924 to Nicholas A. Staub and Elizabeth V. McGroarty in Wilkes-Barre, PA. Although raised on a farm, Helen always considered herself a city girl, and New York City was her favorite city. Helen graduated from Mount Sinai Nursing School as an RN in 1944 and started a long career in nursing.

Helen married the late John W. Cashin in 1948 and raised four children. The family moved to Tallahassee in 1967 where she had a long career at Tallahassee Memorial Hospital. When she retired at 70, Helen was TMH's longest serving employee. Children gave Helen her greatest joy and not being a person who enjoyed retirement, Helen then volunteered as a school nurse at Maclay School for the next 12 years.

Helen is survived by her children: John Cashin (Cheryl) of Atlanta; Ken Cashin (Lisa) of Tallahassee; Michael Cashin (Pam) of Winter Park; Mary Drew (Dan) of Shalimar; 12 grandchildren and 11 great-grandchildren.

A Memorial Mass will be held at a later date. In lieu of flowers, the family asks that donations be made to Big Bend Hospice of Tallahassee in Helen's honor. Arrangements are placed in the care of Susie Mozolic of Bevis Funeral Home. (www.bevisfh.com 850-385-22193)

Tribute Wall

SB

“Helen was my mama’s BFF at the Renaissance on Peachtree. They were truly the greatest generation. They had so much fun together and Helen was always one of the first people I called when Mama had to be hospitalized. Now they are both at peace. Sandy Baumwald, Bo Levine’s daughter

Sandy Baumwald - October 31, 2021 at 09:54 PM